

ORMOND NETBALL CLUB INC.

Extreme Weather Policy

Aims and Objectives

Ormond Netball Club (ONC) is committed to the safety and wellbeing of its members and club officials for training and games. This policy has been created based on the recommendations of SDNA, CDNA, and Netball Victoria policies for junior netball in extreme weather conditions.

The SDNA and CDNA competition and training venues are outdoors. It is preferable not to cancel games or training due to inclement weather, but player safety always takes priority.

Decisions on cancellation of games are usually made by SDNA/CDNA officials round by round. For training, the coach is responsible for deciding whether to cancel, using this policy as a guide.

Players must arrive at the courts on time for all games and training unless otherwise notified.

General Guide

Coaches should only cancel training in weather conditions that would result in cancellation of a game in competition (as indicated in the wet weather and hot weather sections below). Teams need to practise in the wet, cold and warm, as they will be expected to do play in these conditions on game day.

However, coaches must <u>always</u> do an appropriate risk assessment (particularly of the court surface) and modify warm-ups, drills and drink breaks for the conditions. Take into account the skills and experience of your team.

Wet Weather Conditions

Games and training will be cancelled in the event of sustained heavy rain, hail and /or lightning, or if the courts are considered unsafe.

Games and training will NOT be cancelled because it is cold, or in light rain (subject to an assessment of court conditions).

In competition, U11 players may wear white long sleeve tops during games of extreme cold weather.

Hot Weather Conditions

As outlined in the Netball Australia Junior Policy, games and training should be cancelled if the ambient temperature reaches 34 degrees C or above.

If the temperature on court has reached or is near this point and officials have not cancelled the game, coaches can consider whether it is safe for their team to play based on their level of fitness, experience, and the number of reserve players to allow for rotation. If the coach believes it is unsafe to continue, s/he may forfeit the game, however please attempt to contact a member of the ONC Committee first.

If netball is played during hot weather, frequent hydration is essential. For games, shortened quarters and additional drink breaks may occur on the direction of SDNA or CDNA officials.

Responsibility for notifying cancellation

Matches: SDNA and CDNA will notify clubs if matches are cancelled prior to rounds starting, by email or notices on their website and/or facebook page. <u>Team managers</u> must monitor this and notify the coach and all players immediately by SMS.

SDNA also has an administration phone number **0450 669 455** you can call to check if games are on.

Training: <u>Coaches</u> are responsible for monitoring weather conditions prior to training time and notifying all players/parents by SMS. Alternatively you can agree with your team manager that you will notify him/her and they let the rest of the team know. You should make a decision approximately 1 hour prior to the start of training based on the current weather forecast/rain radar on bom.gov.au

Match outcomes

If a match is cancelled during a match with at least half a game played, the current score stands at that time.

If a match is cancelled before the match or under half the game played, the game is considered drawn 10-10.

References:

Netball Victoria – Website http://vic.netball.com.au/ Weather guidelines and infosheets

Netball Australia – <u>http://netball.com.au</u>

Junior Policy 2015 - <u>http://netball.com.au/get-involved/year-in-review-2013-provides-foundation-for-future/junior-policy/</u>

CDNA website - http://cdna.vic.netball.com.au/

SDNA website - http://sandringhamdistrictna.vic.netball.com.au/

Sports Medicine Australia – Hot weather Guidelines Document <u>http://sma.org.au/wp-content/uploads/2009/05/hot-weather-guidelines-web-download-doc-2007.pdf</u>

Adopted : October 2015