



COACHING MENTORS

Mentoring is a highly effective way for new coaches and officials to learn faster in the 'art' of coaching. Coaching Mentors can bring life to a theoretical concept, demonstrate practical coaching and officiating skills, be a sounding board for problems, help the coach to identify some weaknesses or just be a source of motivation and a reminder that the coach is doing a great job! **Just remember Mentors are not there to coach the players!**

Mentoring is a two-way process in which both mentor and coach benefit from the networking, sharing of ideas and interaction for betterment of the sport

BENEFITS TO THE COACH

- Mentoring can increase confidence and motivation
- Can provide constructive feedback on performance
- Fast track skill development with coaches
- Helps coaches to translate theory (coaching manuals) into practice
- Provides opportunities to 'network' and lifelong learning
- provides lifelong learning through relationships

Adults wishing to become a Clubs official Coaching Mentor must apply in writing to the Clubs Coaching Coordinator for consideration.

- Unless otherwise agreed by the committee, mentoring a coach will not be a parent/carer whose player(s) is in the team being coached.
- Prior to commencing as a mentor, the Club requires the following:
 - Mentor will require a WWCC check prior to commencing in the role.
 - Mentors need to complete the Netball Victoria "Mentoring" learning module or equivalent before becoming a mentor : [Coaching Resources - Netball VIC](#). The course is divided into 7 modules, covering the following topics: 1) How Mentoring Works, 2) Know Yourself as a Mentor, 3) Initial Meeting, 4) Know your Mentee, 5) Giving Feedback, 6) Improving Performance, 7) Dealing with Conflict
 - Mentors must set a plan for the season that reflects on the needs and objectives of the coach and present this to the coaching coordinator. This may include but not limited to :
 1. Identifying Needs of the coach
 2. Goal Setting with the coach based on specific needs
 3. Establishing an agreement on ground rules for the relationship
 4. Observation of the coach in action focusing on their needs and goals
 5. Analysis and feedback as a shared process using questioning etc for both parties to engage.
 6. Action Planning to improve the coach's performance
 7. Review the mentoring plan and strategy, changing it as the coach grows